

THE IMPACT OF ADULT SONGS ON THE SOCIAL-EMOTIONAL DEVELOPMENT OF 5-6 YEAR OLD CHILDREN AT KARTIKA KINDERGARTEN

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ABSTRACT

The advancement of technology has changed the way we access entertainment, including adult songs that quickly become popular. Young children easily access such content, impacting their growth and development, as adult songs often touch on themes like romance and infidelity. At Kartika Kindergarten IV-73 Jember, some children enjoy singing adult songs they find on social media platforms such as YouTube and TikTok. This research aims to describe the impact of adult songs on the social-emotional development of 5-6 year-old children at Kartika Kindergarten IV-73 Jember. The research method used is qualitative with a descriptive approach, employing data collection techniques such as interviews, observations, and documentation. The research results show both positive and negative impacts. Positively, there's better emotional expression in children. However, there are negative impacts due to exposure to violent content, which can trigger aggressive behavior and difficulties in managing emotions. Media influence can also alter perceptions and behaviors related to social relationships and love, including difficulty in adhering to rules and displaying less disciplined behavior. Nonetheless, children still demonstrate attitudes of sharing, competition, and empathy in interactions with peers. In conclusion, it's crucial for adults to monitor children's access to media content, especially adult songs, to minimize negative impacts and support their positive development

Key Words: *effect, adult songs, social emotional development*

ABSTRAK

Kemajuan teknologi telah merubah cara kita mengakses hiburan, termasuk lagu-lagu dewasa yang dengan cepat populer. Anak-anak usia dini mudah mengakses konten tersebut, memberikan dampak pada tumbuh kembang mereka, karena lagu dewasa sering mengangkat tema-tema seperti percintaan dan perselingkuhan. Di TK Kartika IV-73 Jember, beberapa anak gemar menyanyikan lagu-lagu dewasa yang mereka dapatkan dari media sosial seperti YouTube dan TikTok. Penelitian ini bertujuan untuk menggambarkan dampak lagu dewasa terhadap perkembangan sosial-emosional anak usia 5-6 tahun di TK Kartika IV-73 Jember. Metode penelitian yang digunakan adalah kualitatif dengan pendekatan deskriptif, dengan teknik pengumpulan data wawancara, observasi dan dokumentasi. Hasil penelitian menunjukkan dampak positif, seperti ekspresi emosional yang lebih baik pada anak. Namun, terdapat dampak negatif akibat paparan konten kekerasan, yang dapat memicu perilaku agresif dan kesulitan mengelola emosi. Pengaruh media juga dapat merubah persepsi dan perilaku terkait hubungan sosial dan cinta, termasuk kesulitan patuh pada aturan dan perilaku kurang disiplin. Meskipun demikian, anak-anak tetap menunjukkan sikap berbagi, bersaing, dan empati dalam interaksi dengan teman sebaya. Kesimpulannya, pentingnya peran orang dewasa dalam memantau akses anak-anak terhadap konten media, khususnya lagu dewasa, untuk meminimalkan dampak negatif dan mendukung perkembangan positif mereka.

Kata Kunci: *Dampak, lagu dewasa, perkembangan sosial emosional*

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INTRODUCTION

Children at Kartika Kindergarten easily mimic what they find in adult songs they often see and hear on social media platforms such as TikTok and YouTube. It's not uncommon for children to imitate and sing them with full expression or emotional feeling, showcasing their emotions while singing to their opposite-gender friends. For example, in adult songs containing the word "kiss," children may not understand that kisses should only be given to family members. They still don't understand the boundaries in recognizing their own feelings and managing them appropriately. This behavior may lead to negative behaviors such as holding hands and kissing the hands of their opposite-gender friends, considering their opposite-gender friends as their boyfriend or girlfriend, thus making it difficult to separate them from each other. For example, during learning activities that require teachers to pair children with same-gender friends or groups, children who are exposed to such songs may refuse to be paired with their same-gender friends. This condition will affect the social-emotional growth or development of children

The advancement of technology nowadays has made it easier for humans to do anything. This technological advancement provides numerous benefits for humans, ranging from facilitating communication, commercial activities, to channeling talents or creativity possessed by humans. It is undeniable that in this modern era, access to social media is not limited by age, and even children at a young age can easily access social media platforms.

Early childhood refers to children aged 0 to 6 years old. According to the National Association for the Education of Young Children (Astuti & Suwardi, 2021), early childhood encompasses children aged 0-8 years old who are involved in educational programs in childcare centers, family childcare, preschool education (both private and public), kindergarten, and primary school. This period will be experienced by everyone, as it only occurs once in a human's lifetime.

Early childhood has six aspects of development, each of which needs to be stimulated properly, especially in terms of social-emotional development. According to (Aprianti, 2017), social emotional includes the individual's inner feelings, including various forms of mental, mental and physical disorders, which can appear as anxiety, anger, restlessness, envy, jealousy, happiness, sadness and curiosity. Social emotional

development is very important in early childhood because it helps them recognize their emotional feelings and learn to interact with the environment. According to (Dhalu & Anrada, 2019), socio-emotional development should be introduced early on because when social-emotional skills are not taught to children, it results in a lack of skills in managing social emotions. This condition will have a negative impact on a person's existence in society, so emotional management and social interaction skills must be developed early on.

According to (Wardani, 2019), most of the songs circulating today are intended for consumption by adults. Unfortunately, technological developments make all information increasingly accessible, including to children. This indirectly introduces songs intended for adults into the world of children's world page. In fact, there are several songs that contain adult themes but are also sung by the children themselves. According to Bella Persada 2020 in (Wadu, 2023) said songs aimed at adults have the potential to have a negative impact on children. According to (Kusumawati, 2013), many teenage and adult song lyrics are not suitable for children to sing, because, many adult songs have themes of love and romance like those circulating on the market, so they do not grow up before their time. The songs lyrics contained in adult songs can have an influence on children's development. According to (Asy'ary et al., 2023) through lyrics that appear to be aimed at adults, elementary age children may be inspired to adopt adult behavior as depicted in the song. In fact, they can devote their interest to understanding concepts such as romance and other things stated in the song. Some of these songs it has been reported in various media regarding song lyrics that are not suitable for children to listen because they contain values that should be presented to adults. Sadly, the song was sung directly by a child.

The aim of this research is to determine the impact of adult songs on the social-emotional development of 5-6-year-old children.

METHOD

In this research, a qualitative method with a descriptive approach was employed. The study was conducted at "Kartika Kindergarten IV-73 in the Summersari District, Jember Regency, and carried out during the second semester of

the academic year 2022/2023." The subjects in this research were children aged 5-6 years in the B2 group of Kartika Kindergarten IV-73 Jember, totaling 4 children, 3 boys and 1 girl. The research subjects chosen were children who had been exposed to adult songs, and 4 parents and teachers class B2. Three data collection techniques were utilized: observation, which involves directly observing the research site to gain a clear understanding and verify the truth of a matter; interviews, used to gain in-depth understanding of the views, experiences, or perspectives of the interviewees regarding the impact of adult songs on the social-emotional development of 5-6 year-old children; and documentation, which involves collecting data through the analysis and interpretation of relevant documents, recordings, or other written materials related to the impact of adult songs on the social-emotional development of 5-6 year-old children.

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RESULT AND DISCUSSION

The research and observation at Kartika Kindergarten IV-73 revealed that there are 4 children who are very fond of adult songs, namely AF, NP, AL, and AN, with 3 boys and 1 girl, all aged 5-6 years old. The songs frequently sung by these four

children differ, including songs by Steven Pasaribu titled "Belum Siap Kehilangan," "Full Senyum Maszeh," "Kutukan Mantan," and "Runtuh" by Feby. These songs are accessed by the children through applications such as YouTube, TikTok, and Snack Video. Singing songs that are not suitable for their age can have an impact on the social-emotional development of children.

A. Expressing emotions in various situations (happiness, joy, enthusiasm, etc.)

The influence of media that is not suitable for their age can affect children's emotional development. Parents need to monitor their children's viewing choices and provide emotional education to help them manage their emotions properly. Based on observations, the four children studied have been able to express various emotions such as anger, sadness, happiness, and jealousy in different situations. For example, NP expresses anger by throwing tantrums, AL shows sadness or gloominess when not accompanied by his friends and expresses his sadness through the songs he sings, AN feels anxious and gloomy when left by her mother but is happy when listening to her favorite music, and AF shows anger by shouting and expresses longing by hugging.

B. Understanding rules and discipline

Collaboration between teachers and parents is important to help children adhere to school rules and develop into successful individuals. Involved parents can provide support at home, while effective communication between school and parents allows for information exchange that helps children towards better behavior and readiness to learn. In conclusion, teacher-parent cooperation is expected to facilitate adherence to rules and positive development in children, as well as better learning readiness. Observation results indicate that out of the four children affected by adult songs, NP and AF have complied with school rules and discipline, while AL and AN still have difficulty understanding and implementing school rules. NP and AF have internalized the rules and demonstrated good discipline, while AL and AN need further development in applying discipline.

C. Knowing etiquette and manners according to local cultural values

Dealing with anger in children with a compassionate and educational approach helps them develop better communication and manage positive emotions. It can be concluded that teachers play a role in dealing with children's anger as emotional educators, moral guides, and supporters. They play a crucial role in helping children develop better communication skills and manage their emotions positively. Based on observations, it can be concluded that most children are familiar with etiquette and manners according to local cultural values. However, AL, AN, and NP still experience some difficulties in their development, especially in terms of etiquette, attitude towards teachers, emotional control, and social relationships with their peers. AF has shown positive development in various aspects of etiquette and social behavior.

D. Being cooperative with friends

Cooperative and sharing attitudes in children are positive and need to be encouraged. This helps them grow into individuals who care about others' happiness, understand the values of kindness and empathy, strengthen relationships, create a positive social environment, and form positive social attitudes. Based on observation results, the four children affected have developed a cooperative attitude with their peers. AL, NP, and AN show positive traits such as empathy, sharing, and cooperation. They are able to interact socially well and develop useful social skills throughout life.

This research found both positive and negative impacts of adult songs on the social-emotional development of 5-6 year-old children. Positive impacts of adult songs on children in expressing emotions in various situations have developed well; the four children can express their emotions such as anger, sadness, happiness, and jealousy.

The first negative impact of adult songs is that continuous exposure to content promoting violence or aggression in adult songs can potentially affect children's behavior and emotional responses, prompting them to respond to situations with aggression. Furthermore, overly immersing in certain emotions through songs and facial expressions can make children too focused on those

emotions, ultimately disturbing their ability to deal with problems or situations that trigger those emotions in a more balanced way.

The second negative impact is that two out of the four children appear to be influenced by exposure to adult songs, showing strong media influence in shaping their perceptions and behaviors related to social relationships and love. AN tends to have difficulty obeying rules when in groups and considers her female friend as her girlfriend, possibly inspired by romantic portrayals in the media. Meanwhile, AL has difficulty understanding rules and displaying less disciplined behavior, including singing adult songs that disturb his classmates. According to (Mashuri, 2020), social media has the ability to change the behavior of its users, ranging from positive to negative impacts. Media influence, especially adult songs, can significantly impact children's behavior.

The third negative impact is that three children are influenced by adult songs in knowing etiquette and manners according to local cultural values. The impact is that the first child is affected by foul language in songs from social media, the second child imitates inappropriate behavior and shows disrespect to parents, and the third child considers her friend as her boyfriend. This shows the impact of social media and online entertainment on children's behavior and relationships. It is important to note that social norms and ethics differ across cultures, so such behavior may be perceived differently in different cultural contexts. Overall, the influence of adult songs on children can detrimentally affect their understanding of etiquette, manners according to local cultural values, and interactions with older people. According to (Hadiyanto & Ri'aeni, 2020), children are the primary imitators; they mimic everything they experience through their senses. Therefore, parents and the environment around children need to provide good examples and positive experiences so that they can develop behaviors and values in accordance with culture and society.

Adult songs do not affect the social-emotional development of children in developing cooperative attitudes with friends. In fact, similarity in songs among children can become a topic of conversation that strengthens communication, such as the song "Selamat Ulang Tahun" by Jamrud, which reflects happy moments and messages about teamwork. This strengthens relationships and enhances

communication. Despite exposure to adult songs, the four children still show good cooperative attitudes in interacting with their peers. They have developed sharing attitudes, competing in competitive games, and showing empathy by responding to their friends' suffering. Thus, exposure to adult songs does not seem to affect the development of cooperative attitudes in these four children.

CONCLUSION

In conclusion, adult songs can play a role in helping children express emotions effectively and develop attitudes of sharing, competition, and empathy. However, excessive exposure to adult song content promoting violence can have negative impacts, such as aggressive behavior and children's difficulty in managing emotions in a balanced way. Therefore, the importance of adult supervision in monitoring children's exposure to media content and providing appropriate guidance is paramount. Additionally, the conclusion of this research reaffirms that exposure to adult songs can also significantly shape children's behavior and perceptions in social relationships and love, thus requiring special attention to help children develop correct cultural values and social norms.

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