

EDITORIAL BOARD

2025

GUIDANCE AND COUNSELING

INTRODUCTION

Editor in Chief

Dr. Bakhrudin All Habsy, M.Pd. Universitas Negeri Surabaya, Indonesia [Scholar] [Scopus] [Sinta]

Managing Editor

Ach. Sudrajad Nurismawan, S.Pd., M.Pd. [Scholar] [Sinta]

Editor

Dr. Maizatul Mardiana binti Harun., Universiti Putra Malaysia, Malaysia [Scopus]

Michael Adeniyi Omoyemiju, Ph.D., Obafemi Awolowo University, Nigeria [Scopus]

Prof. Dr. Mochamad Nursalim, M.Si., Universitas Negeri Surabaya, Indonesia [Scholar] [Scopus] [Sinta]

Prof. Dr. Najlatun Naqiyah, M.Pd., Universitas Negeri Surabaya, Indonesia [Scopus] [Sinta]

Restu Dwi Ariyanto, S.Pd., M.Pd., Universitas Negeri Surabaya, Indonesia [Scopus] [Sinta]

Journal of Cultural Guidance and Counseling (JCGC) is a Guidance and Counseling Study Program journal, Faculty of PSDKU, Surabaya State University. This journal focuses on presenting research on the integration of guidance and counseling science and educational psychology with cultural values from various regions and countries both through traditional approaches such as books, guide modules, and through internet-based technology approaches such as web-based applications, Artificial Intelligence (AI), and Android-based applications that are following the times.

Publisher

Guidance and Counseling Study Faculty of PSDKU Surabaya State University

jcgc@unesa.ac.id

LIST OF CONTENT

Literature Review: The Effectiveness of Group Guidance Services with Discussion Techniques in Increasing Self-Confidence of Middle School Students	
♣ Daema Rizky Aulia, Universitas Negeri Surabaya, Indonesia	
♣ Evi Winingsih, Universitas Negeri Surabaya, Indonesia 47-	58
Effectiveness of Group Counseling Services Based on Rational Emotive Behavior Therap (REBT) in Overcoming Social Anxiety Among Boarding Students Siti Nasiyah, Universitas Darul 'Ulum Jombang, Indonesia Wisnu Kurniawan, Universitas Darul 'Ulum Jombang, Indonesia	<u>py</u>
♣ Siti Arifah, Universitas Darul 'Ulum Jombang, Indonesia 59-0	65
The Impact of Feminist Counseling on Women's Mental Health in the Digital Era: A Systematic Review. ♣ Alya Nurmaya, Universitas Negeri Malang, Indonesia ♣ Amiruddin Amiruddin, Universitas Nggusuwaru, Indonesia 66-7	74

<u>Career Adaptability Skills in Javanese Sandur Tradition for Generation Z Career Development</u>

& M. Khoirudin Jalil, Universitas Negeri Malang, Indonesia

▲ M Ramli, Universitas Negeri Malang, Indonesia

Building Confidence: Grade VII Students' Participation in School Competitions

Librahim Muhammad Yusuf Zakaria, Universitas Negeri Surabaya, Indonesia 88-95

75-87

