



**CLASSIC GUIDANCE SERVICES TO IMPROVE UNDERSTANDING OF THE
IMPACT OF EARLY MARRIAGE**

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Abstrak

Tujuan penelitian ini adalah menganalisis efektivitas layanan bimbingan klasikal untuk meningkatkan pemahaman tentang dampak pernikahan dini pada siswa. Metode penelitian ini adalah eksperimen kuantitatif dengan jenis pre-experiment design dengan bentuk one group pretest-posttest design. Teknik pengumpulan data melalui skala pemahaman tentang dampak pernikahan dini pada siswa. Hasil penelitian ini dari hasil perhitungan rata-rata tingkat pemahaman tentang dampak pernikahan dini sebelum mengikuti layanan bimbingan klasikal dengan media audio visual masuk dalam kategori rendah dan setelah mengikuti layanan bimbingan klasikal mengalami peningkatan menjadi kategori tinggi. Layanan bimbingan klasikal dalam penelitian ini menggunakan media audio visual berupa video cerita kearifan lokal berbahasa Banjar untuk meningkatkan pemahaman tentang dampak pernikahan dini pada siswa SMP.

Kata Kunci: Bimbingan Klasikal, Media Audio Visual, Pernikahan Dini

Abstract

The purpose of this study was to analyze the effectiveness of classical guidance services to increase understanding of the impact of early marriage on students. This research method is quantitative experiment with the type of pre-experiment design with the form of one group pretest-posttest design. Data collection techniques through a scale of understanding the impact of early marriage on students. The results of this study from the calculation of the average level of understanding of the impact of early marriage before participating in classical guidance services with audio visual media is categorized as low and after participating in classical guidance services has increased to a high category. Classical guidance services in this study using audio visual media in the form of local wisdom story videos using Banjar language to increase understanding of the impact of early marriage on junior high school students.

Keywords: Classic Guidance, Audio Visual Media, Early Marriage

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INTRODUCTION

Education is the most important thing in human life, meaning that every human being has the right to get it and is expected to continue to develop in their field. Education in general functions as a life process that helps humans develop to be able to live and continue life. Therefore, education is very important. An educated person will be useful for Nusa and the nation. The first education that everyone receives comes from the family (non-formal education), from school (formal education), and from the community (non-formal education). Education is a source of gaining knowledge that can make us a broad-minded human being and can develop our potential. According to research by Stang (2015) and Septianah (2019), there is a relationship between knowledge and education towards early marriage. So knowledge and education are one of the factors that cause early marriage. Culture also affects the occurrence of early marriage as from the results of Dewi & Putra's research (2020) that there are significant differences in public perceptions of early marriage in terms of cultural background.

According to Al-Gifari (2002), early marriage is a marriage entered into by a child under 16 years of age for women and under 19 years of age for men. Cases of early marriage are common in various parts of the world and in various contexts. Forced marriages have risks such as having sex at a young age, becoming pregnant at a young age, and contracting sexually transmitted diseases that attract the attention of the international community. Poverty is not the only important factor contributing to early marriage. Another factor to consider is the risk of complications related to pregnancy and childbirth at a young age, which contributes to increased maternal and child mortality. In addition, early marriage can also stunt personal development and put children at risk of abuse and neglect. Mustofa (2016) the impact of early marriage that often occurs is divorce, because considering that young age is a time when thinking and emotions are not yet stable, so when facing problems, of course, they cannot control their emotions properly. Couples must have a mature and mature mindset so that the household is happy and lasting. While other impacts include the impact on education where a person who marries early is likely to hinder his education such as not being able to continue his education to a higher level, the impact on the health of a person who marries early has health impacts such as pregnancies that are very at risk of miscarriage, social impacts such as the loss of opportunities to make friends with their peers, and the economic impact is the difficulty of finding a permanent job because they only have an inadequate diploma to complete the requirements in applying for a job.

Marriage is not an easy thing, both of them (couples) must have readiness in all respects, both materially, mentally, physically and mentally. Therefore, Islam regulates in a balanced way between the order to get married immediately for those who are ready and provides solutions for those who are not ready, as in the following Qur'an:

Al-qur'an surah An-nur (24) verse 33 which reads:

وَلَيْسَتَعْظِيفَ الدِّينَ لَا يَجِدُونَ نِكَاحًا حَتَّىٰ يُغْنِيَهُمُ اللَّهُ مِنْ فَضْلِهِ وَالَّذِينَ يَبْتَغُونَ الْكِتَابَ مِمَّا مَلَكَتْ أَيْمَانُكُمْ فَكَاتِبُوهُمْ إِنْ عَلِمْتُمْ فِيهِمْ خَيْرًا وَأَنْتُمْ مِنْ مَالِ اللَّهِ الَّذِي أَنْتُمْ وَلَا تُكْرَهُوا فَتَيِّبْتُمْ عَلَى الْبِعَاءِ إِنْ أَرَدْنَ تَحَصُّنًا لِيَبْتِغُوا عَرَضَ الْحَيَاةِ الدُّنْيَا وَمَنْ يُكْرِهْنَنَّ فَإِنَّ اللَّهَ مِنْ بَعْدِ إِكْرَاهِهِنَّ غَفُورٌ رَحِيمٌ

In the verse above, Allah SWT gives instructions to those who have not been able to marry in order to keep their honor from the haram in Ismail bin Umar bin Katsir, (2013) as it relates to this research, namely about early marriage, where this marriage is carried out by an early age which is likely to be all the readiness for marriage of course they do not have, Moreover, it is still junior high school age, an age that should be spent playing, studying, so this verse is appropriate to provide an understanding that if they are still at school age they do

not have the readiness to get married then they should protect themselves from all prohibited acts such as promiscuity, until Allah gives them the ability or readiness one day.

Early marriage or child marriage in Indonesia is still high. Some tribes in Indonesia still preserve the tradition of child marriage. However, they do not understand the impact of child marriage (Maimunah, 2021). The Head of the National Population and Family Planning Agency of South Kalimantan, said that South Kalimantan ranked first as the province with the highest early marriage in Indonesia. The Head of the Women's Empowerment and Child Protection Division of the Banjar Social Agency, Merilu Ripner, mentioned that Banjar Regency was the second highest in South Kalimantan in the first semester of 2023 Kalimantan News Agency (KBK News, 2013). Understanding early marriage is part of the process of self-development, especially preparing, accepting and thinking positively and dynamically about the physical and psychological changes that occur within oneself in order to live a happy, healthy life.

Based on the results of interviews with guidance and counseling teachers and several students at one of the junior high schools in South Kalimantan, there are several students married at an early age, choosing to drop out of school or stop at the junior high school level and then marry for reasons including economic difficulties, parents who marry off their children feel proud because they are sure that their children's lives will change and prosper, even though early marriage easily leads to divorce and domestic violence. Not even a few teenagers get married early and divorce after a few months. There are many factors that cause someone to marry early, one of which is custom and tradition. The emergence of early marriage cannot be separated from the cultural and social aspects of marriage. Many parents still do not understand or know the adverse effects of early marriage, so early marriage still occurs. Elba & Wijaya (2020) suggest that early marriage is still a major concern for women's health in Indonesia. The lack of information about the impact of early marriage makes adolescents do not clearly understand the consequences so they decide to marry early without considering the impact.

As the very young age of conception affects the reproductive health of women under the age of 19, who are not yet able and ready to conceive and give birth, and whose pelvis is still too small, they are at risk of damage at the time of conception. These cases result in the mother and child needing immediate hospitalization. Women who marry early during pregnancy have a very high risk of miscarriage, especially in women aged 15-19 years, the rate of miscarriage and death during childbirth of both mother and child is 2 times higher than women who are pregnant, the occurrence in adolescents, there is a risk of birth complications such as obstetric fistula, infection, anemia, bleeding and eclampsia. Giving birth in adolescence also increases the risk of fetal deformities, pelvic abnormalities, abnormal strength during straining, and others. In addition to adversely affecting teenage mothers-to-be, early pregnancy will also affect the health of the baby. The possibility of premature birth, physical disabilities, and malnutrition is twice as high as those who become pregnant after adulthood, because young mothers' hormones are still unstable and often stressed (Fadilah, 2020, Mubasyaroh, 2016, Rustiana, 2020). Technological advancement is not proportional to the moral decline of the nation's children. Easy access to non-educational programmes and reading through the internet without parental supervision are the main determinants of sexual freedom which ultimately leads to pregnancy outside marriage. Pregnancy without preparation both physically and mentally will lead to various consequences such as miscarriage, transmission of HIV/AIDS and early marriage (Fajar, 2020). Early marriage can also hinder personal development and put children at risk of abuse and neglect (Hanum, 2015).

The role of guidance and counseling teachers here is very important because the field of personal development is one of the focuses of guidance and counseling services. Increasing

understanding of the impact of early marriage is very important, because if early marriage continues to occur there will be many impacts including impacts on education, social, health and economy. Given that education is very important. Classic guidance services using audio visual media in the form of short video shows related to the theme of the impact of early marriage. Classic guidance with audio-visual media in the form of videos with local wisdom using Banjar language for increasing understanding of the impact of early marriage on high school students. Foreva & Dusni (2021) stated that Adolescent adaptability is needed in order to remain independent and ready to face the future that has been planned (even the demands of the family and the environment). Guidance and counseling with a cultural approach provides opportunities for adolescents to have resilience (flexibility) in facing life conditions in the 21st century which are full of very fast changes and demands for perfection in a practical way.

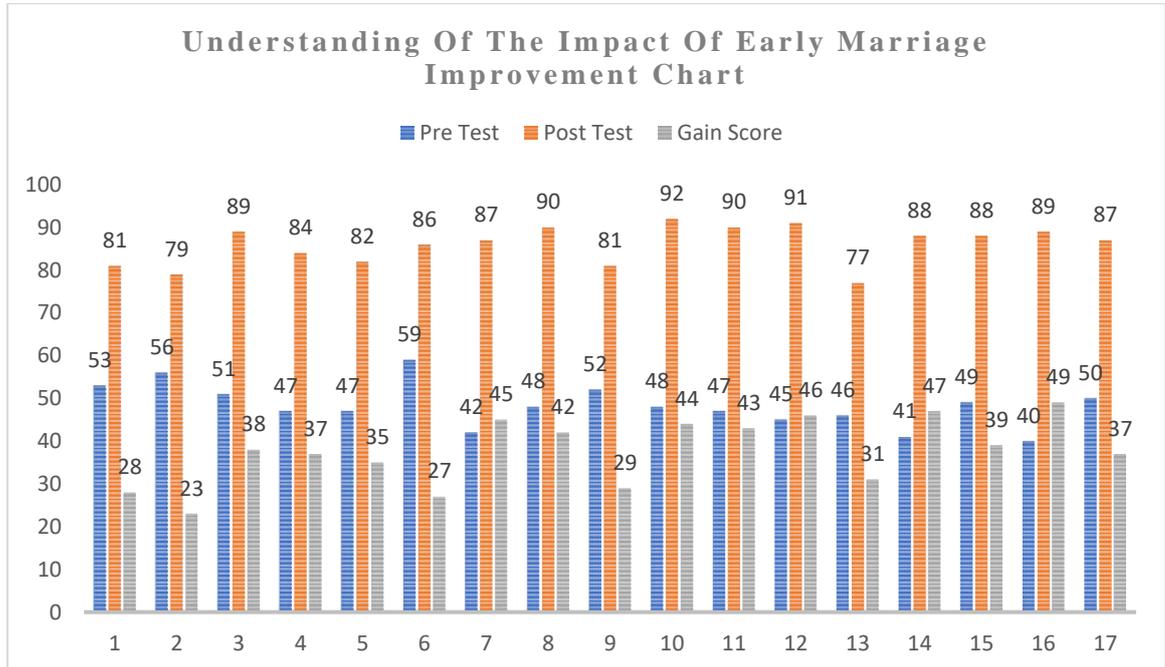
METHODOLOGY

The data collection method in this study used a quasi experiment design with the One Group Pretest-Posttest Design model. This research involves one group of subjects who are given treatment, where before and after treatment measurements are taken to determine the effect of the treatment. Data were collected through test instruments, which were given to participants at two stages: pretest (before treatment) and posttest (after treatment). The population in this study were students in 7th and 8th grades one of junior high school at South Kalimantan. The research sample amounted to 17 students who were taken by purposive sampling technique. data validity, the test instrument used was first tested for validity and reliability. Content validity was tested through expert judgment. instrument reliability was proven by Cronbach's Alpha for the scale of understanding the impact of early marriage was 0.887. The data obtained from the pretest and posttest will be analyzed quantitatively. The first step is to calculate the average value (mean) of the pretest and posttest, a mean difference test (paired sample t-test) is conducted to determine whether there is a significant difference before and after treatment.

RESULT AND DISCUSSION

The focus of discussion in this study is on the effectiveness of classic guidance services to increase understanding of the impact of early marriage. In this study, primary data collection was carried out by distributing a scale of understanding the impact of early marriage given at the time of the pre-test and post-test to determine the level of students' understanding of the impact of early marriage before and after being given treatment. The effectiveness of classic guidance aimed at increasing understanding of the impact of early marriage on junior high school students is seen from the results of student scores before and after treatment.

Figure 1. Understanding Of The Impact Of Early Marriage Improvement Chart



Based on the data table above, it shows that the pretest results of students are at scores 4, 5, 7, 11, 12, 13, 14, 16 where with that score students are declared to have very low understanding of the impact of early marriage. Students are at scores 1, 2, 3, 6, 8, 9, 10, 15, 17 where with that score students are declared to have low understanding of the impact of early marriage. The results of the post test all students obtained a high category of understanding the impact of early marriage. The results of this study can be concluded that the understanding of the impact of early marriage before receiving treatment in the form of classic guidance counseling an average of 44.71%, meaning that the level of understanding is still low. Understanding the impact of early marriage after being given the treatment of classic guidance services has an average of 79.57% which is at the level of understanding in the high category.

Based on the results of the paired sample T test analysis, it is known that the Sig value. $0.000 < 0.05$, then H_a can be accepted. This means that classic guidance is effective in increasing students' understanding of the impact of early marriage. Based on the pre-test data of the post-test funds, the calculation results obtained in the N-Gain Score test found that the average pre-test and post-test of the student's early marriage impact scale was 72.26%, indicating that this value was quite effective in the category with a minimum value of 52.27% and a maximum value of 84.62%.

The stage of classical guidance services to increase understanding of the impact of early marriage can follow the systematic flow of the guidance process, namely: planning, implementation, and evaluation (Prayitno, 2009). The planning stage involves careful preparation for the service to be effective. Identify student needs: For example, through questionnaires or interviews to find out the extent of students' understanding of early marriage. Service objectives: Students understand the risks and negative impacts of early marriage in terms of physical, psychological, social, and educational aspects. Guidance material: Definition

of early marriage, The impact on health (teenage pregnancy, risk of maternal and infant mortality) Psychological and social impacts, Hindrances to education and the future. Classical guidance methods with group discussions and using educational video playback media. Implementation Stage Classical guidance is conducted in class directly, including Opening activities: Conveying the purpose and importance of the topic. Core activities: Submission of materials, interactive discussions, questions and answers, reflective activities (for example students are asked to write personal opinions). Closing: Summarizing the material and giving key messages. Evaluation Stage. Used to assess the effectiveness of the service. Process evaluation: Did the activity run smoothly? Outcome evaluation: Can be a post-test, written reflection, or discussion to see students' understanding of the impact of early marriage.

Classic guidance with audio-visual media in the form of videos with local wisdom using Banjar language is effective for increasing understanding of the impact of early marriage on high school students. Understanding the role of culture in the counselling process is indeed a challenge in counselling practice. Culture is sometimes a potential source of conflict and misunderstanding. One culture becomes a barrier and hindrance to counselling practice. Being involved in this relationship (cultural differences), it means that one is in potential trouble. Therefore, knowledge of cultural realities becomes a professional imperative when counsellors face diverse counselling groups (Mustaqim, 2020). Ramadhani, et.al (2022) human development is influenced by various factors, one of which is culture. Culture is very influential in the success of counseling, because culture can determine and find methods of understanding individuals in carrying out the guidance and counseling process, as well what techniques are suitable in the service process to be provided to clients. Bearing in mind that the clients to be provided with services by the counselor are different, both in terms of origin, ideology, customs which will not directly affect the attitude, behavior of the client. Therefore the counselor must have the ability and personality that can adapt to the conditions of the client he will meet later.

Culture influences the success of counselling because culture can also determine and discover methods of understanding individuals and counselling methods/techniques. Culture will provide guidance in counselling programmes. Even culture can influence counselling service techniques, depending on the region of origin, ideology, and intellectual level. During the guidance and counselling process, an expert counsellor will not only offer each client/counsellor who has the same problems and thoughts at any time will meet with a variety of counselees, both in terms of thoughts, feelings, culture, character, customs, speech and so on (Mulyani, et.al, 2022).

The provision of treatment is carried out in classroom 7A, the stages of the implementation of treatment on the provision of classic guidance services are described as follows: First Meeting, the purpose of the first meeting of classic guidance is so that students can understand early marriage and its impact on educational aspects. After entering the formation stage, the counselor first conducted a question and answer session with students about whether they knew what age early marriage was and whether they knew what the impact of early marriage was from an educational aspect, after asking and answering with students it turned out that there were still many who did not know what the impact of early marriage was from an educational aspect.

At the first meeting, the counselor showed a short video with a duration of 1 minute 17 seconds. The video contains an example of the impact of early marriage from the educational aspect, namely about a 16-year-old teenager who admits that he regrets not being able to continue his schooling, and often feels sad when he sees people crowded going to school. At this meeting there were still many students who did not dare to express their opinions when asked or asked about the video shown. The counselor tried to motivate them to dare to express their opinions and ask whatever they wanted to ask related to the topic discussed. To increase

their enthusiasm and focus, the counselor together with the students clapped with the aim that the atmosphere was not too tense and students were eager to follow the service well.

After the video was shown, the counselor asked each discussion member to summarize what they understood from the video. All members were able to convey the meaning of the video well. The counselor allowed students who wanted to ask questions about the topic discussed. Through the results of the first meeting of classic guidance, students understand the impact of early marriage from the aspect of education, they understand that teenagers who get married will lose the period to pursue higher education and will hamper students' dreams.

Second Meeting, the purpose of the second meeting of classic guidance is for students to be able to understand the impact of early marriage from the health aspect. At this meeting students had begun to open themselves and looked relaxed when the implementation of classic guidance services took place. The counselor started with a question and answer session about the impact of early marriage from the health aspect.

Some students answered questions and some asked the counselor regarding the topic discussed, there were still many of them who did not know that early marriage also had an impact on health. In this second meeting, all students were back in pairs as in the first meeting but with different partners from before, to discuss the video that would be shown in this meeting, which was a short 1-minute video about an example of the impact of early marriage from the health aspect, where the content of the video contained a 16-year-old teenager who married early and had a miscarriage due to a weak womb and the age of the pregnant mother who was too early or young to conceive so that the impact was vulnerable to miscarriage.

After all students watched the video and understood the meaning of the video, one by one, their representatives were asked to convey or summarize the results of their observations and discussions related to the video shown and explanations from the researcher. The evaluation of the second meeting is that the counselor emphasizes that early marriage has many negative health impacts, in delivering the material use language that is easily understood by junior high school students.

Third Meeting, the purpose of the third meeting of classic guidance is to help students understand or increase understanding of the impact of early marriage from social and economic aspects. Before the counselor starts the topic of discussion at the third meeting, the counselor asks again about the material discussed previously at the first and second meetings, to assess the extent of the increase in understanding they get.

Like the previous meeting, at this meeting students also paired up to discuss later what had been conveyed by the researcher. This meeting still uses the same media as the previous meeting, namely audio-visual media in the form of short videos about examples of the impact of early marriage from the social and economic aspects. The first video about an example of the impact of early marriage on social aspects is 1 minute long, the content of the video is about a teenager who has married at the age of 16 who admits that he is embarrassed to meet or join gatherings with friends who are the same age as him on the grounds that he is married. The second video is 1 minute 37 seconds long, the content of the video is about a 17-year-old male teenager who has married early and the economic impact is that he does not have a permanent job.

After watching and understanding the meaning of the video, students are directed to come forward to convey the results of observations and discussions or conclusions from the video. The evaluation at this last meeting was that students had achieved the understanding targeted by the counselor, namely understanding the impact of early marriage from the educational, health, social and economic aspects began to increase. This change shows that classic guidance produces development in students from the first meeting to the last meeting

After giving treatment in the form of classic guidance services in increasing understanding of the impact of early marriage which was carried out three times a meeting. Furthermore, the researcher gave the scale of the impact of early marriage to 17 students as a research sample to measure students' understanding.

Classic guidance services are to help students achieve life independence and optimal progress in personal, social, learning, educational, and career fields. This is done by ensuring that students are guided consciously, freely, talented, and have the ability to adapt well, which results in changes that are beneficial to students (Anggraini, et al, 2023, Nuha, 2020). The benefits of classic guidance services for students include: Better awareness and understanding of the challenges faced so that students can decide to consult privately with their guidance teacher. More willing to accept their condition and try to further develop their potential. More courage to express views and opinions in groups. Having the opportunity to discuss various problems and jointly find solutions to solve these problems. More open and ready to accept comments, views, opinions of friends than the views or opinions of the mentor teacher (Erford, 2009).

The main approach to be taken in classic guidance services is transnational experiential learning. This approach essentially involves learning based on experience or action, rather than abstract concepts. Experience is expressed through direct contact with the phenomenon under study or the use of metaphorical events through simulations and games Classic guidance services are in accordance with student problems by using audio-visual media so that they are more interesting and effective (Karyanti & Setiawan, 2019). The application of classic guidance is also in line with Fatimah's research (2017) including activity planning, organisation, implementation, follow-up. The methods of classic guidance services are guidance lessons, and guidance lectures. The media used in the implementation of classic guidance services is using audio visual media, audio visual media is one of the media that can arouse student interest when participating in guidance and counseling services (S. Alhadi, 2016). Classroom guidance services are one of the core guidance services designed to require counsellors to make contact with students directly in scheduled classes. Counsellors provide this guidance service to students. Class guidance activities provided can be in the form of class discussions or brainstorming (Fara, 2017). The results of the implementation of information services with discussion techniques to improve understanding of the consequences of underage marriage received (Kabang, et. al, 2018).

Classic guidance using audio-visual media in the form of images and sound to convey material in activities to increase understanding of the impact of early marriage. This media is a better type of media because it includes auditive (hearing) and visual (vision) media. Audio visual media is a tool used in learning situations to help convey information, attitudes, and ideas through written and spoken words (Irmayanti, 2020). Learning through multiple senses, namely the senses of sight and hearing, will provide benefits for students. Students will learn more if the subject matter is presented only with visual stimuli or only with auditory stimuli. Experts have the same opinion about this. The difference between absorbing learning through sight and hearing is very clear. About 90% of a person's learning is achieved through vision, and only about 5% is achieved through hearing and the other 5% is achieved through other senses. It is estimated that the ability to absorb learning outcomes through vision is about 75%, through hearing about 13% and through other senses about 12% (Karlina, 2017). Increased understanding of the risks of premarital sexual behaviour through information services with audio visual media (Hendrik & Ratini, 2018). Classic guidance with audio visual media can effectively increase students' understanding of early marriage (S, Budiman, 2017).

SUMMARY

Conclusion

The results of this study can be concluded that the understanding of the impact of early marriage before receiving treatment in the form of classic guidance counseling an average of 44.71%, meaning that the level of understanding is still low. Understanding the impact of early marriage after being given the treatment of classic guidance services has an average of 79.57% which is at the level of understanding in the high category. The effectiveness of classic guidance aimed at increasing understanding of the impact of early marriage on junior high school students is seen from the results of student scores before and after treatment. The results of the data hypothesis test in this study showed a Sig. (p) 0.00 < 0.05, then H_a can be accepted so it is concluded that the provision of classic guidance treatment is effective to increase understanding of the impact of early marriage on junior high school students. The limitation of this study is that there is no control group. This study used only one group without a comparison (control) group, making it difficult to ensure that the changes that occurred were entirely due to the treatment, rather than other factors outside the study.

Recommendations

Other researchers are advised to use a different type of research. Other researchers can use control classes or others. Other researchers who will apply group guidance modeling techniques are expected to use other types of modeling techniques such as live models, multiple models, and conditional modeling.

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