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LEVEL OF LEARNING DISCIPLINE OF CLASS XI HIGH SCHOOL STUDENTS

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Abstrak

Perilaku tidak disiplin yang dilaksanakan beberapa siswa diantaranya terlambat datang ke sekolah, tidak berangkat sekolah atau membolos, tidak mengerjakan tugas sekolah. Penelitian ini bertujuan guna memahami tingkat kedisiplinan belajar siswa Kelas XI SMA. Metodologi penelitian yang diterapkan yakni analisis deskriptif kuantitatif. Populasi penelitian yakni semua siswa kelas XI SMA, sampel penelitian sebanyak 186 siswa. Analisis data dilaksanakan menghitung skor skala kedisiplinan belajar melalui pengisian kuesioner yang telah dibagikan kepada populasi penelitian. Hasil penelitian menunjukkan bahwa sebanyak 128 siswa (68,8%) termasuk dalam kategori sedang terkait dengan tingkat kedisiplinan belajar. Siswa perlu diberikan pemahaman mengenai kesadaran tentang pentingnya giat belajar. Serta perlu disusun metode pembelajaran yang sesuai dengan karakteristik siswa

Kata Kunci: Kedisiplinan Belajar, Siswa, Sekolah Menengah Atas.

Abstract

The undisciplined behavior carried out by some students includes coming to school late, not going to school or skipping class, not doing school assignments. This study aims to understand the level of learning discipline of eleventh grade high school students. The research methodology applied is quantitative descriptive analysis. The research population was all eleventh grade high school students, the research sample was 186 students. Data analysis was carried out calculating the score of the learning discipline scale through filling out questionnaires that had been distributed to the research population. The results showed that 128 students (68.8%) were in the moderate category related to the level of learning discipline. Students need to be given an understanding of the awareness of the importance of studying hard. And it is necessary to arrange learning methods that are in accordance with the characteristics of students.

Keywords: discipline, students, senior high school.

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INTRODUCTION

Education is a fundamental need in human life. Education provides students with knowledge and experience to navigate their lives. In Law No. 20 of 2003, "The purpose of education is to develop the ability and shape the character and civilization of a dignified nation in order to educate the nation's life". "Schools are formal educational institutions that aim to improve students' morals, knowledge, skills, and social qualities, which significantly affect the development of their personalities." (Sobri 2020).

The school serves as an educational center that provides students with materials and attitude formation. It is an important component in the learning process, helping students deal with various influences and achieving a calm and organized learning environment. (Mutaqin, Sutardi, & Sulusyawati 2019). Learning activities at school usually have a long duration. Such conditions by some students may feel uncomfortable and even tend to be bored, uninvolved, or uninterested in the lesson, which can lead to various forms of bad behavior, including lack of discipline in learning (Ariza, Kusumawa, and Rambe 2022).

Discipline is very important for student achievement, by showing order and obedience in learning, so they are more likely to comply with school rules and regulations. (Mardes, Khadijah, & Arlizon 2022). Discipline is essential to make the learning environment comfortable and conducive. It has a significant impact on learning achievement, enabling students to learn more effectively, increase their potential, and improve their academic performance. However, some students exhibit attitudes and behaviors that are not in line with moral values (Putra 2020). For example, "behaviors such as skipping class, smoking, not doing homework, making noise at school, fighting with teachers, and even committing criminal acts that can harm students, schools, and society." (Nabila 2020).

Learning discipline is considered an important factor in determining academic success. Learning discipline is an attitude that students develop from the process of trying to change their behavior, including how to think, behave, and act, in accordance with social standards that reflect the values of obedience, order, and decency. Discipline can shape individual attitudes to obey applicable regulations (Manshur 2019). Learning discipline can be considered an educational tool for children because it helps them develop an organized attitude and follow norms. Student learning discipline involves respecting and obeying both written and unwritten rules, as well as accepting sanctions when their duties and authority are violated. It is the student's adherence to rules and regulations that leads to overall personal growth. (Utami 2019). Student learning discipline refers to the ability of students to follow rules and regulations to achieve personal growth. It is crucial for students to understand the importance of complying with these rules. Adherence to school policies is essential for success (Nur Wahyumiani 2021).

The level of student learning discipline based on previous research by Melathi, Sri and Dewi (2020) concluded that learning discipline in the schools studied was still lacking. To maintain a conducive learning environment, students must follow specific rules. These include refraining from making noise, avoiding disruptions during lessons by not walking around or passing classes without permission, and only perusing material relevant to the illustrations in the work. Cheating during exams is strictly prohibited, including not wearing the full uniform or not bringing the complete school equipment. Based on the observation at SMAN 10 Semarang, it is known that there are students in eleventh grade who behave undisciplined and do not obey the existing rules. The undisciplined behaviors carried out by some students are: coming to school late, skipping class, making noise in class, disturbing other students and choosing to go to the cafeteria under the pretext of going to the toilet, not doing homework or school assignments. With the problem of learning discipline, the researcher is interested in examining how high the level of discipline of eleventh grade high school students.

METHODS

This research was carried out applying descriptive quantitative which obtained a complete description of the research gain. The population of the study was the XI grade high school students which amounted to 350 individuals and consisted of 10 classes. The research sample was determined by applying Slovin and an error tolerance limit of 5%. The formula resulted in a total sample believed to be 186 students out of a total of 350 students. This study applied the simple random sampling technique, which is an easy and effective method. It involves randomly selecting sample members from the population without bias towards equality or strata. Each student in the class had an equal chance of being selected as the study sample. "Data were collected using a questionnaire containing statements that reveal the object of research" (Sugiyono 2018).

The data processing procedure used is the first to determine the scoring, the second is to tabulate the scores of the questionnaire items and calculate the score of each subject, the third is to carry out statistical data analysis using the SPSS 25 application, and the fourth is to determine the categories of low, medium and high (Sugiyono 2018).

RESULTS AND DISCUSSION

Results

In describing the learning discipline possessed by students in the research subject, applying a learning discipline scale instrument that has previously been tested for validity and reliability. The learning discipline scale used includes 28 statements that have been given to the study sample of 186 individuals. Then the previous benchmark results of this study were obtained as follows:

Table 1. Research Categorization

Category	Formula	Interval
Low	$X < M - 1SD$	$X < 56$
Medium	$M - 1SD \leq X < M + 1SD$	$56 \leq X < 70$
High	$M + 1SD \leq X$	$70 \leq X$

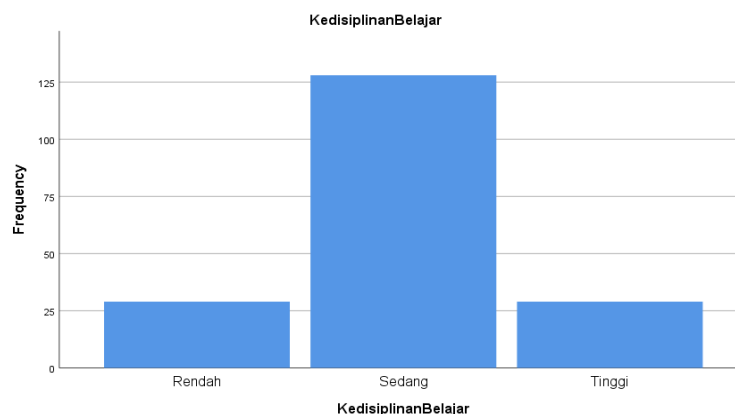
In table 1 there is a classification of learning discipline research results which will be used as a kind of perspective in estimating the level of learning discipline scores driven by students. This classification will determine how much the rate falls into the low, medium and high classes. The following is the acquisition of the percentage of learning discipline scores of class XI students as follows:

Table 2. Percentage of Learning Discipline Score

Category	Number of Students	Percentage
Low	29	15,6
Medium	128	68,8
High	29	15,6
Total	186	100

Table 2 can be seen that students in the low category are 29 individuals with a percentage of 15.6%, students who are in the medium classification are 128 individuals with a percentage of 68.8%, and students who are in the high classification are 29 students with a percentage of 15.6%. The following is a graph of the level of learning discipline of eleventh grade high school students:

Figure 1: Graph of Learning Discipline Levels



The graph above provides an explanation that most students have a moderate level of student discipline. This is certainly of more concern to the students themselves, the school environment and the family. Where students are not only the object of education, but also need to involve the school environment, family and society in general.

Discussion

The results obtained from the calculation of the learning discipline scale score with research subjects totaling 186 class XI students in high school. The researcher assessed that 15.60% of students were in the low learning discipline class, 68.80% of students were in the medium learning discipline classification, and 15.60% of students were in the high learning discipline classification. If you take a glance at the above information, it shows that classroom learning discipline is primary. Although the result of the degree of learning discipline in these students is not as expected at this time, research shows that there are still students who need discipline in learning.

One of the problems of student discipline is truancy behavior. "Truancy behavior is one of the behaviors that cannot be forgiven because it is related to delinquent activities and has become a virus among young people, therefore the problem of truancy that occurs among students is a problem that gets enough attention, so that several efforts are made to be able to overcome the problem of truancy as recorded in the book in school regulations" (Fauziyah & Muhid 2021). "When skipping class, students will also not be able to participate in teaching and learning activities properly and they may miss the material given by the teacher" (Astriadi & Muis 2022).

Several factors cause students to violate learning discipline. One factor is lateness due to living far from school. Another factor is lack of attention in class, which is often caused by uninteresting material. Also, incomplete uniforms due to lack of awareness from students and parents. It is important for students to prioritize their education and for parents to remind them of the importance of following school rules. (Santoso, Kusuma, & Nurani 2023).

"Learning success is determined by two types of factors: internal and external. Internal factors include students' abilities such as learning motivation, interest, attention, discipline, attitude, study habits, perseverance, and socio-economic, physical, and psychological factors (Nurminah 2020). External factors, such as environmental factors and teaching quality, come from outside the student. However, it is important to study and examine the effect of student learning discipline on learning outcomes. A high level of learning discipline from both students and schools can have a positive impact on student learning outcomes" (Rohman 2019).

Discipline is an important factor for the progress of a nation. Therefore, it is important to prioritize discipline to achieve progress, dignity, and prosperity for a nation and its citizens (Yanto 2023). Ignoring discipline can lead to many problems in daily life, as it means disobeying the rules and expectations of society. Discipline is a trait that is needed by every individual in all aspects of life. (Tu'u 2004). Study discipline can instill a sense of appreciation for time, thus reducing time wasted. Practicing study discipline can result in more thorough preparation for various tasks, such as going to school, taking exams, and job selection (Cai et al. 2021). In this modern age, productivity is highly valued, and time management plays an important role in achieving it. Therefore, schools aim to instill discipline in students from an early age, so that they can compete effectively in society (Esmiati, Prihartanti, & Partini 2020).

"The purpose of education in schools is to help achieve a development that is in accordance with their potential and with this education students are expected to become a good young generation in the academic, religious or social fields, and quality" (Marisa, Yekti, & Karneli 2020). "The 1945 Constitution of the Republic of Indonesia, there are several articles that discuss education, namely in article 31 paragraph 1 where it is stated that every community that is part of Indonesian citizens has the right to receive facilities in the form of proper education. Then education is also discussed in paragraph 3 where in the paragraph in article 31 it also states that the government in Indonesia has tried to fight for a national education system that aims to increase faith, piety, and good morals" (Arniah, Ahmad, & Jannah 2022).

SUMMARY

Conclusion

The results of the study can be concluded that the measurement of the learning discipline scale was carried out on research subjects totaling 186 students in grade XI SMA. Researchers found 15.60% of students in the low learning discipline category, 68.80% of students in the moderate category, and 15.60% of students in the high learning discipline category.

Suggestion

Students must increase their self-awareness of the importance of learning discipline for their future. They need support from their environment to become disciplined learners. Parents should participate in monitoring and motivating their children to increase learning awareness, perseverance in facing tasks, and learning discipline. The spirit of learning and motivation should be given in improving students' learning motivation in every lesson.

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