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GUIDANCE AND COUNSELING TEACHERS IN FOSTERING STUDENTS' DISCIPLINARY ATTITUDES IN JUNIOR HIGH SCHOOLS

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Abstrak

Problematika kedisiplinan siswa menjadi sangat penting untuk proses pembelajaran di sekolah, jika siswa tidak disiplin terhadap segala aturan dan tata tertib sekolah maka akan terhambatnya proses pembelajaran menjadi tidak nyaman tidak teratur sehingga memicu siswa untuk melakukan pelanggaran. Penelitian ini bertujuan untuk menganalisis peran guru Bimbingan dan Konseling dalam membiasakan sikap disiplin siswa, serta menggambarkan bagaimana strategi guru bimbingan dan konseling dalam membiasakan sikap disiplin siswa. Metode penelitian yang digunakan dalam penelitian ini adalah penelitian kualitatif. Teknik pengumpulan data terdapat empat metode yakni melalui observasi, wawancara, penyebaran kusioner berupa daftar pertanyaan, serta melalui tes asesmen yang melibatkan analisis. Hasil dari temuan penelitian di lapangan, terungkap bahwa peran guru BK dalam menumbuhkan sikap disiplin siswa di SMP sudah terlaksana dengan cukup baik.

Kata Kunci: Peran, Sikap Disiplin, Guru BK

Abstract

The issue of student discipline becomes very important for the learning process at school. If students are not disciplined with all the school rules and regulations, the learning process will be disrupted, becoming uncomfortable and disorganized, which in turn encourages students to commit violations. This research aims to analyze the role of Guidance and Counseling teachers in instilling students' discipline, as well as to describe the strategies used by Guidance and Counseling teachers in fostering students' discipline. The research method used in this study is qualitative research. There are four methods of data collection techniques, namely through observation, interviews, the distribution of questionnaires in the form of question lists, and through assessment tests that involve analysis. The results of the field research findings revealed that the role of the guidance counselor in instilling discipline among students at SMP has been implemented quite well.

Keywords: Role, discipline attitude, teacher guidance and counseling

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INTRODUCTION

Rules and regulations are things that must be obeyed by students while participating in learning activities at school, every applicable rules and regulations must be obeyed and applied by students in their daily activities. According to Wiratimo (in Jahiban, et al., 2007) discipline is a collection of rules made in writing that binds the community, so school discipline is a written rule made by school residents that binds all school residents. However, in reality in many schools, we can see first-hand that some students face difficulties in learning. This problem stems from their lack of discipline in managing school and study time.

Many students often violate the rules of discipline that have been set, the violations in question are late entry to school, skipping class, not wearing school clothes and attributes according to the rules, and so on. Preventive action is needed against situations like this. This is stated according to Tu'u's view (in Mabuka, 2021) which states that discipline can organize life together, build personality, and train personality. This means that upgrading discipline is not enough just through the rules enforced at school. Therefore, here the role of teachers, especially guidance and counseling teachers, is needed in guiding these students.

Guidance and counseling is a method used to provide psychological and humane support to students. This method is carried out scientifically and professionally by a mentor to help and train mentally to be more developed personally and academically to grow and develop properly, especially by having the ability to recognize oneself, direct and realize oneself in accordance with each stage of development and its characteristics, and utilize the potential, conditions, and environment to achieve a happy life (Satriah in Azhar, et al, 2016).

According to Syarifuddin et al (2019) the purpose of guidance and counseling is to provide support to students so that they can develop their own abilities or accept important principles related to developmental situations that they must understand. The process of instilling skills involves three stages, namely understanding, attitude, and skills or actions. Guidance and counseling teachers not only provide guidance to students who are facing problems but also play an important role in teaching discipline to students. Suherman (in Harahap et al, 2022) also explained that guidance and counseling is a process of providing assistance to individuals by an expert or counselor so that individuals can understand and develop their potential optimally with environmental guidance.

The guidance and counseling teacher will not be separated from the duties of the responsibilities concerned for the students at school, including the guidance teacher at school or better known as the guidance and counseling teacher. based on the minister of education and culture of the republic of Indonesia NO. 111 of 2014, the following are the duties of the guidance and counseling teacher (a) In order for students to improve their life skills, they need to get an education system that not only focuses on subjects and management, but also provides psycho-educational support through guidance and counseling services. (b) each student has differences in terms of intelligence, talents, interests, personality, physical condition, family status, and educational experiences that reflect variations in their individuality, differences in issues that must be faced by students that require guidance and counseling services.

Discipline is the act of complying with self-imposed rules and regulations in order to achieve the expected goals. Created through a process of thought and mutual agreement, which requires motivation and conscious awareness of individual existence. Ready and have the ability to act in accordance with applicable norms voluntarily, regardless of age factors, including students. Students. The purpose of adopting disciplinary rules is to keep students disciplined. Regularity of behavior and development is essential for a better life and that is what is referred to as discipline.

Mini (in Putra et, al, 2020) explains that discipline is a learning approach that aims to internalize certain patterns of behavior, habits, and characteristics in a person. For individuals who want to improve their spiritual and moral qualities, the essence of discipline is to teach children to behave in accordance with the values that exist in their environment. Teaching and guidance are two forms of methods to build discipline. Discipline can take the form of teaching and guidance from parents to their children.

The purpose of discipline is a process of student self-awareness of the rules that have been set, besides that the purpose of discipline is for the process of self-development in the actions taken. The view conveyed by Muryastuti & Sugiharto (in Rahmiati, et al., 2024) discipline plays a role in influencing, encouraging, controlling, changing, shaping certain behaviors in accordance with the values that are instilled, taught, and exemplified. Discipline will always be related to attitude, where the actions to be taken must be in accordance with the rules, attitudes are always related to a good or bad thing where someone will behave well or badly. Disciplined learners tend to be obedient to existing regulations, through this it shows that the existence of attitudes and behaviors that are responsible for themselves in everyday life are actions that are responsible for the actions and decisions that a person takes in everyday life.

The issue of student discipline is very important for the learning process at school, if students are not disciplined towards all school rules and regulations, it will hamper the learning process which is not organized and uncomfortable can trigger students to commit violations. If there are rules that govern the behavior of students to be obedient, then students must follow these rules.

Based on the results of the preliminary study on February 14, 2022 to May 31, 2022, where researchers observed that the level of student discipline at SMPN was included in the good category, as evidenced by the number of students doing assignments, entering class on time, and dressing according to school rules. This is reinforced based on the researcher's interview with the Guidance and Counseling teacher in the junior high school teacher's room when the researcher conducted pre-research on January 24, 2023, he said that the level of student discipline in this junior high school could be said to be good. Due to the large number of students in obeying school rules and the participation of all teachers in the school to familiarize students' disciplinary attitudes in junior high school. Based on the phenomena that occur, it can be concluded that the Guidance and Counseling process is well implemented, counseling guidance teachers play an important role in student discipline

METHODS

In this study, the author uses a qualitative research method with a focus on explanation. In the view of Sutja, et al (2017), qualitative research is a form of research that aims to find meaning by collecting data through direct observation of the subject using the human method as an instrument.

The subjects of this research are three counseling teachers who provide guidance in familiarizing students' disciplinary attitudes from classes VII, VIII, and XI, namely SS, EE, JR. While the informants in this study were 3 students, 3 homerooms and wakasis. Which students include DS, ED, MP, homeroom teachers namely MRH, TA, SN, deputy student affairs namely SM.

In determining informants who researchers consider to have knowledge about this problem, there are several criteria that are used as a reference for the seven informants including DS, ED, MP (students), MRH, TA, SN (homeroom teacher), and SM (vice headmaster of students) in the area under study. Can argue well or can provide information about the problems in this study. Informants DS, ED, MP (students) feel the impact of the BK teacher's actions in fostering the habit of discipline of students at the school. Informants MRH, TA, SN (homeroom teachers) are witnesses that the counseling teacher conducts coaching in familiarizing disciplinary attitudes at the school.

RESULTS AND DISCUSSION

As is well known, a teacher has a crucial role in the school environment, especially guidance and counseling teachers who act as mentors for students who face problems. Syarifuddin et al (2019) stated that guidance and counseling aims to support students in developing their potential or accepting the values contained in the developmental tasks they must master. In order for students to feel comfortable talking about their personal problems, it is important for teachers to build a good relationship with students during the coaching process.

From the research findings in the field, it is revealed that the role of counseling teachers in familiarizing students' disciplinary attitudes in junior high schools has been carried out quite well. There are six aspects of indicators that have been implemented quite optimally. The role of counseling teachers in familiarizing disciplinary attitudes includes providing information about school rules, counseling teachers provide motivation and direction to students about school discipline and counseling teachers use media to familiarize students' disciplinary attitudes. In these six aspects, counseling teachers have implemented these aspects well.

The BK teacher also collaborates with other teachers in carrying out his role in familiarizing students' disciplinary attitudes at school, homeroom teachers help BK teachers such as if there are students who violate discipline in learning, the homeroom teacher will first handle the student and provide direction so that the student can return to being consistent with his discipline, if it can no longer be handled by the homeroom teacher, it will be handed over to the BK teacher so that immediate action is taken.

Furthermore, the counseling teacher also cooperates with all parents of students, especially parents of students with problems, the counseling teacher will always provide information about the importance of discipline not only to students but also to all parents of students. So that parents also know and understand what forms of student discipline at school, as well as so that they can assist the BK teacher in familiarizing students' disciplinary attitudes.

From the explanation above, it can be concluded that in order for the role of the counseling teacher to be carried out properly, there must be good cooperation between the counseling teacher and school personnel and parents of students, in order to achieve maximum student discipline results.

SUMMARY

Conclusion

Based on the results of research related to the role of guidance and counseling teachers in familiarizing students' disciplinary attitudes in junior high schools that the researchers have described above, that guidance and counseling teachers play an important role in the continuity of fostering students' disciplinary attitudes in junior high schools, where guidance and counseling teachers act as motivators and mediators in familiarizing students' disciplinary attitudes.

Suggestion

Based on the research that has been carried out by researchers regarding the role of guidance and counseling teachers in familiarizing students' disciplinary attitudes in junior high schools, the suggestions submitted by researchers are as follows:

1. For Guidance and Counseling Teachers

As we already know that the role of guidance and counseling teachers in schools towards student discipline is very important for the continuity of students' disciplined attitudes both in character and morals, therefore implementing more guidance and counseling services in order to get closer to students to familiarize students' disciplinary attitudes at school.

2. For Students

As a student, you should be more aware and improve discipline in yourself, because as a student who is still learning, you should continue to train yourself to remain disciplined. Discipline is the first step in future success.

3. For Other Researchers

In this study, Guidance and Counseling Teachers have an important role in shaping students' disciplinary attitudes. However, the results of this study still require further refinement. Other researchers can use this study as a guide in developing better research.

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