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## The Development of Sembilan Belas Tahun Song To Prevent Early Marriage In Adolescents

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**Abstract:** A creative way to implement Law number 16 of 2019 is through developing the song Nineteen Years to prevent early marriage. This qualitative-descriptive research data was collected using a music quality questionnaire and an early marriage prevention questionnaire. The research respondents were 73 teenagers (17-21 years). Data analysis using the ADDIE (Analysis, Design, Development, Implementation and Evaluation) approach. The research results show that the process of creating the song Nineteen Years goes through ADDIE stages which fulfill the dimensions of musical quality (such as poetry, tempo, rhythm, melody, beat, instrument). The song lyrics are relatively simple, easy to understand and memorize. The tempo of the music is classified as medium (moderate). The rhythm of the music is regular and harmonious. Melody implies a message, idea or notion from the songwriter. Beat the music with the beat of the notes, and the right accent. The musical instruments are sufficient to support the song accompaniment. However, video viewing still has shortcomings and needs improvement to improve the quality of video viewing. It is recommended that the government adopt a policy of grounding marriage laws through creative songs so that teenagers can prevent early marriage.

**Keywords:** *Sembilan Belas Tahun Song, Preventing Early Marriage, Adolescents.*

### 1. INTRODUCTION

Preventing early marriage is considered the best thing that teenagers can do, so that they can focus more on pursuing education to achieve their dream of becoming a graduate (Wafiq, & Santoso, 2017). Education is the main key to overcoming the problem of early marriage. If all teenagers realize how important education is as preparation for building a better future life, then teenagers will not waver in their stance. They prefer to study rather than marry at a relatively young age. By pursuing education, a teenager will devote all his energy to facing his academic tasks, and he will not think about marriage (Fitri-yana, Muarofah & Robbaniyah, 2022).

There are 2 ways to prevent early marriage, namely the direct method and the indirect method. A direct way to prevent early marriage is a method that is directly conveyed (communicated) to teenagers when they meet them in a certain place. For example: When there is a teacher-student teaching and learning meeting, a teacher can convey (insert) information on preventing early marriage. Indirect methods are methods that are conveyed via social media (such as YouTube, Instagram, TikTok, television), so that the distribution of information via social media reaches a wider reach (Dini'ah & Syarah, 2019). One indirect way to influence a teenager to prevent early marriage is by creating a song, namely the song Nineteen Years Old. They will not think about early



marriage, but they will think about education in order to realize their dream of becoming a graduate (Dariyo, 2022).

The song *Nineteen Years* is a song created specifically to encourage teenagers to postpone early marriage. Early marriage is a marriage carried out before the age of 19 years. Law number 1 of 1974 (revised by Law Number 16 of 2019) concerning marriage states that the minimum age for marriage is 19 years. Men and women are allowed to get married if they are 19 years old. If they are not yet 19 years old, but they intend to carry out their marriage, then they are considered to have violated Law Number 1 of 1974 concerning Marriage and are referred to as perpetrators of early marriage. If many teenagers marry at an early age, they are at risk of failing to complete formal education at junior high school or high school/vocational school. They are too brave to take the bad risks they have to experience. The principal, as the highest leader in the school, often has a firm attitude and does not want to compromise on students marrying at a young age. The school principal was firm in expelling the student concerned from school (drop out) (Fuadi & Ripursari, 2023). The aim is to ensure that the good name of the school is maintained well and not to be tarnished by dishonorable behavior by students who marry at a young age (Wulandari, Nurmiahy, Aisa, & Halijah, 2022; Fuadi, & Ripursari, 2023).

According to Hasanah's research results (2018); Alfa (2019); Octaviani and Nurwani (2020) early marriage is considered to be one of the contributors to the high divorce rate in Indonesia. Those who marry at an early age are generally still teenagers aged 13-18 years and tend to have emotional instability, so they are hasty in making decisions, including the decision to divorce (Hasanah, 2018; Octaviani & Nurwati, 2020). Emotional instability spurs conflict, bickering or constant quarrels in the life of a young family, if each husband and wife do not want to give in and consider themselves to be more righteous than the other partner. Even among those who are fighting, domestic violence (domestic violence) arises. This difficult situation is what triggers divorce (Ellia-Napitupulu & Saragih, 2023). Hasanah (2018) stated that those who marry at an early age are only able to maintain their marriage for between 1-3 years. After that, they are no longer able to maintain the integrity of their marital relationship and prefer to divorce.

Furthermore, divorce has a negative impact on the future of children's lives. As children, they feel psychological trauma (such as: disappointment, heartache, stress, sadness, depression, trauma) (Fahira, Habibi, Nurhasanah & Rachmayani, 2023; Salsabila & Mahasin, 2023), and need long-term psychological intervention to recover because they constantly remember the fate of their parents who quarreled, bickered and never got along every day. As children, they feel tormented inside. They do not feel calm, anxious, sad and even experience depression (Salsabila, & Mahasin, 2023). In a state of depression, thoughts, thoughts or ideas about committing suicide often arise in order to end one's life. The various conditions of psychological trauma experienced by children as a result of their parents' divorce need to be immediately addressed professionally so that they are restored and can live a normal life (Salsabila, & Mahasin, 2023). They are children who were victims of their parents' divorce who married at a young age. Therefore, the appropriate action is to prevent young marriages among children and/or teenagers, with the aim of reducing the worst risks of early marriage. According to Dariyo (2022), one creative way to prevent early marriage is by creating creative

musical works of art that all teenagers can listen to and appreciate, so that they are motivated to prevent themselves from committing to early marriage. Based on the thoughts above, the formulation of the problem in this research is whether the development of the nineteen-year-old song can be used to prevent early marriage in teenagers?

## 2. METHODS

Research respondents came from teenagers aged 13-21 years, men and women, still active as students (middle school, high school) or college students. The sampling technique uses purposive sampling technique, which is a sampling technique based on certain criteria (Sugiyono, 2019).

The data collection technique uses instruments in the form of questionnaires, namely the song quality questionnaire and the early marriage delay questionnaire. The song quality questionnaire includes aspects of poetry, rhythm, tempo, beat, melody, instrument. The early marriage delay questionnaire is based on the concept of delay of gratification (Mischel, Ebbesen & Raskoff-Zeiss, 1972). Technically, the data collection procedure is that all respondents were asked to listen to the song Nineteen Years. They sit according to their respective seating positions in the classroom. The song Nineteen Years is played only once together. Once completed, they are asked to fill out a questionnaire form. The evaluation form is in the form of questionnaire statements contained in a Google Form (G-form) which is given to groups of teenagers. Each statement item uses a Likert scale with 4 choices, namely SA (Strongly Agree), A (Agree), DA (Disagree) and SDA (Strongly Disagree). Assessment of statement items is based on favorable (positive) items with a rating range of 4 – 1, meaning SA score = 4, A score = 3, DA score = 2 and SDA score = 1.

Apart from being a questionnaire statement using 4 options (SA, A, DA, and SDA), then the questionnaire includes practical suggestions given by respondents regarding evaluating the appearance of videos containing the song Sembilan Belas Tahun. Data analysis using the ADDIE approach–Analysis, Design, Development, Implementation, and Evaluation (Kardosod, Rattanakanlaya, Noppakun et al, 2023).

## 3. RESULTS AND DISCUSSION

### 3.1 Results

**Table 1.** Description of the Characteristics of Research Respondents

No	Characteristics	Amount	Prosentase	
1.	Sex	Male	9	12,3 %
		Female	64	87,7 %
2.	Education	High School / Vocation School	73	100 %
3.	Hobby	Music (Listen, and sing songs)	36	46,6 %
		Book Reading	10	13,7 %
		Travelling	10	13,7 %
		The others	11	15,1 %

**Table 2.** Respondents' Choices Are Related to Dimensions of Music Quality

No	Statement	SA	A	DA	SDA
1	Song Poems	40 (54,8 %)	27 (37 %)	4 (5,5 %)	2 (2,7%)
2	Tempo	44 (60,3 %)	25 (34,2%)	3 (4,1 %)	1 (1,4 %)
3	Rhythm	48 (65,8%)	22 (30,1 %)	2 (2,7 %)	1 (1,4 %)
4	Beat	46 (63 %)	24 (32,9 %)	3 (4,1 %)	0
5	Melody	41 (56,2 %)	29 (39,7 %)	2 (2,7 %)	1 (1,4 %)
6	Instrument	45 (61,6 %)	25 (34,2 %)	3 (4,1 %)	0

7	Video display	23 (31,5 %)	25 (34,2 %)	20 (27,4 %)	5 (6,8 %)
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Information: SA (Strongly Agree), A (Agree), DA (Disagree), and SDA (Strongly Disagree).

**Table 3.** Implementation of the *Sembilan Belas Tahun* Song for the Postponement (prevention) of Early Marriage

No	Statement	False	True
1.	The minimum marriage age is 19 years	12 (16,4%)	61 (83,8%)
2.	Marrying young will make life miserable.	4 (5,5 %)	69 (94,5 %)
3.	The <i>Sembilan Belas Tahun</i> song is useful for delaying (preventing) early marriage.	7 (9,6 %)	67 (91,8 %)
4.	The message of the <i>Sembilan Belas Tahun</i> song is to achieve your dreams of becoming a graduate, then getting married and starting a family.	1 (1,4 %)	72 (98,6%)

### 3.2 Discussion

#### 1. Analysis

Analysis is a scientific effort to understand the problem of early marriage in society. Law Number 1 of 1974 (which was amended to become Law Number 16 of 2019) concerning marriage has determined that the minimum age for marriage is 19 years. Both a man and a woman must be 19 years old if they want to get married. However, in reality, many teenagers or children are getting married, even though they have not reached the age of 19 years. They also applied for a dispensation through the court, and it was granted, so they were allowed to legally carry out their marriage. The court granted their request on the grounds that it was to safeguard the benefit of the people rather than harm that was detrimental to society (Ikawati, & Anissa, 2023; Putra, Diloa, & Wulandari, 2023).

In fact, those who apply for marriage dispensation are still children or teenagers, but they have had pre-marital sexual relations and become pregnant. If they do not get dispensation permission, then the babies born to their prospective mothers will be children born out of wedlock. Likewise, their prospective parents are considered to be "cohabiting", committing adultery and violating the values, norms or legal rules of society. That is why it is understandable why the court granted the request for dispensation rather than rejecting the request (Putra, Diloa, & Wulandari, 2023). As more and more children and teenagers receive dispensation, they will be able to enter into legal marriages (Ikawati, & Anissa, 2023). The correct term to refer to those who marry before the age of 19 is called early marriage, or underage marriage (Wowor, 2021).

The ideal marriage is a lasting marriage that never divorces so that the husband and wife live their married life until they are old and only death can separate them. Even though they had any problems during their marriage, they were still able to resolve the problems well, without having to divorce. Various problems in marriage, for example communication problems between husband and wife, economic and financial problems, problems raising children, relationship problems between in-laws and in-laws, and so on. It is hoped that those who are officially married will be able to resolve these problems well. However, many marriages, including early marriages, end in divorce, for various reasons, such as problems with the presence of a third person, infidelity, economic and financial problems, and so on. In principle, the problem in early marriage is the problem of emotional maturity between teenage couples entering into marriage (Octaviani & Nurwati, 2020; Wowor, 2021). Emotional maturity is the stability of an individual's emotional condition, so that he is able to understand and manage his

emotions well, even though he faces problems no matter how complex. Many children and teenagers who marry at an early age do not have emotional maturity, so they often bicker, fight, commit domestic violence, and then they decide to divorce to end their marriage (Octaviani & Nurwati, 2020; Umar, 2022; Ellia-Napitupulu & Saragih, 2023).

Early marriage is a social problem in society which is one of the agendas that needs to be resolved immediately by the Indonesian government (Irwan, Kholidi, Faizun at al, 2023; Wildan, & Zuhri, 2023). The reason is that early marriage is one of the contributors to the high national divorce rate in Indonesia. Apart from that, early marriage is also the cause of high rates of stunting, maternal and child mortality (Wowor, 2021; Valeriani, Prihardini-Wibawa, Safitri, & Apriyadi, 2022). Of course, the government must prepare a budget to overcome the problem of early marriage. the. The government cannot handle this problem alone, but involves various parties such as academics from universities. Therefore, academics are of the opinion that targeted strategic steps are needed to resolve this, such as taking preventive measures as an effort to prevent or delay early marriage (Ellia-Napitupulu & Saragih, 2023; Fadhil, & Zulkarnain, 2024; Irwan, Kholidi, Faizun, at al, 2023).

## 2. Design

Design is designing as an activity to translate the results of analysis of psychosocial phenomena regarding early marriage in society and planning to process it in such a way as to obtain a creative work that is beneficial for oneself and for the benefit of the wider community. Design as an intellectual activity really requires hard work, perseverance, creativity and innovation, so that basic creative ideas are obtained that are ready to be developed into creative works (Resmadi, & Bastari, 2022; Sumantri, Suryani, & Setiawan, 2023).

Someone can design a creative work based on the results of an analysis of the psychosocial phenomenon of early marriage into a creative work. The ability to design a work really depends on the interests, talents and experience of the design maker (Oktaria, Yuniarthe, Hairudin, 2023; Satrinia, Firman, & Fitriati, 2023). Interest is an individual's interest in a particular object or a particular activity that encourages the individual to do something seriously (Wicaksono, 2009). Interest should also be accompanied by talent, namely the basic ability to encourage someone to pursue a particular interest. Interest and talent are important capital for designing and completing designs to produce a particular work. In this research, the researcher acts as a designer who designs a creative work based on the results of a psychosocial analysis of early marriage in society. The creative work realized in this research is in the form of a song or song.

Writing and singing a song is a creative activity that is based on ideas, ideas or creative thoughts that come from real life portraits related to early childhood marriage. A creative idea must be immediately processed in such a way that it produces creative work in accordance with the creator's wishes. A creator of creative work needs to be serious and focused during the process of creating his work. As much as possible, when someone has captured (understood) a creative idea, he or she must immediately work on it completely.

## 3. Development

Development is a continuation of design activities that must be immediately realized in the music creation process. Music is a creative means to communicate a certain message from a musician (composer, songwriter) to the wider community (Nainggolan & Martin, 2019). The process of creating music must consider various aspects of musical quality, such as poetry content, style, rhythm, melody, tempo, beat, instruments. The results of the poems which form the text of the song Nineteen Years in full can be seen ([https://www.youtube.com/watch?v=x0PK\\_rMxL1A](https://www.youtube.com/watch?v=x0PK_rMxL1A)) and below:

### **SEMBILAN BELAS TAHUN**

Created by: Agoes Dariyo, M.Si, Psi  
Arrangements: Dani MKD

*Undang-undang nomor satu, Sembilan Belas Tujuh Empat  
Telah diaturnya usia minimal bagi yang menikah  
Sembilan belas tahun, Sembilan belas tahun*

*Laki atau perempuan, semuanya sama saja  
Tak ada bedanya bagi yang menikah  
Sembilan belas tahun, Sembilan belas tahun*

*Chorus:*

*Janganlah engkau kawin muda, tentu kau akan menderita  
Pikirkanlah cita-citamu, gapailah hidup bahagiamu  
Tentu tunda kawin muda, jadilah dirimu dewasa  
Sampai kau sudah sarjana, lalu kau hidup bahagia  
Lalu kau berkeluarga*

The title of the song is taken from article 7 of Law Number 1 of 1974 (revised by Law Number 16 of 2019) concerning marriage which regulates the minimum age of marriage for prospective male and female partners who will enter into marriage, namely at least 19 years old. The song style uses the popular song genre with the reason that the initial design for the purpose or target of this song was the youth group and the general public. They are a group of teenagers who are the main target in the design of this song, so the designer tries to use word choices and types of songs that are populist in society (Prasetyo, 2013). This is in accordance with the view of Bagaskara, Adinda & Kaestri (2023) that there has been a shift in the style of classical music to popular (contemporary) music in accordance with the development of public interest in wanting music that is contemporary, populist and easy to understand well, without having to think complicatedly d. nature enjoys the music.

#### **4. Implementation**

Implementation is the application of the song Nineteen Years which is used to convey important messages based on Law Number 1 of 1974 (renewed as Law Number 16 of 2019), namely the minimum age for marriage is 19 years. Even teenagers can immediately understand, capture and remember the important message of the song title. Another important message is for listeners to understand that the consequences of early marriage are suffering, misery or life difficulties. These sufferings were revealed based on the results of an analysis of the consequences of early marriage among teenagers. Next, they are directed to understand and try to make a decision, namely postponing early marriage. The



implementation activities were aimed at a group of 73 young people aged 17-21 years. The data collection technique uses a questionnaire on delaying early marriage.

Cognitively, teenagers can understand the title and message of the song *Nineteen Years* well, namely the minimum age for marriage is 19 years (61 / 83.8%) (table 3). They also understand that getting married at a young age will make their lives miserable (69/ 94.5%) (table 3), because in general teenagers are not yet emotionally mature and not yet financially independent, so it will make it difficult to build a household. Emotionally, teenagers are still unstable and have difficulty controlling themselves, so that arguments, fights, domestic violence (domestic violence) often occur and end in divorce (Octaviani & Nurwati, 2020; Umar, 2022). Therefore, cognitively they try to postpone early marriage (67 / 91.8%) (table 3). They also felt confident that the song *Nineteen Years* encouraged them to persevere in pursuing their education until they earned a bachelor's degree and then enter marriage and build a happy family (72 / 98.6%) (table 3). Thus, it can be said that music is able to change human life to be of better quality (Chee, Leung, & de Vries, 2022).

## 5. Evaluation

Evaluation is an important activity related to the ability to analyze, understand and assess the song *Nineteen Years*. Evaluation includes poetry, tempo, rhythm, beat, melody, instrument, and video display. Song lyrics are words, sentences, or language used to express the entire content of the song (Estrada, Indrawati, & Marianti, 2023). The content of the song's lyrics is made in such a way using a choice of simple words, easy to remember and memorize by anyone who listens to or sings the song *Nineteen Years*. In accordance with Prasetyo's (2013) view, pop music is music that is simple and easy to digest (understand) well by music listeners (connoisseurs). Both the music and the song lyrics used are simple things, so that someone can immediately remember, memorize and enjoy the song well. The respondents expressed their choice regarding the content of the song's lyrics, namely Agree (A) and Strongly Agree (SA) (27 (37%) + 40 (54.8%) = 67 (91.8%), meaning that respondents thought that the content of the song *Sembilan's* lyrics *Belas Tahun* is relatively simple and easy to understand well (Table 2).

The tempo of the song *Nineteen Years* is moderate. Medium tempo is a tempo that is just right (just right) for anyone to be able to sing a particular song (Kusumawati, 2009). With a moderate tempo (*Moderato*), a singer who sings the song *Nineteen Years* is able to live the song well. According to Prasetyo (2013) in the context of popular music, a slow or moderate music tempo will be able to accommodate the needs and psycho-emotional touch of music listeners (enjoyers), especially teenagers. Research respondents stated their choices, S (agree) and Strongly Agree (SS), namely 25 (34.2%) and 44 (60.3%) = 69 (94.5%), meaning that respondents agreed that the song *Nineteen Years* had a tempo. moderate (slow) and they were able to appreciate the song well (Table 2).

Rhythm is a sequence of movements that is a basic element in music. Musical rhythm is formed from a group of sounds and silences of varying lengths of time or short lengths forming rhythmic patterns, and moving according to pulses in time swings (Gutama, 2020). In this case, according to Fernandez, Mering and Sanulita

(2015) that the rhythmic pattern of music is a regular flow of basic beats following several variations of melodic movement related to the length and shortness of the notes and the lightness of the accent (emphasis) on the notes. The choice of respondents stating agree (S) and Strongly Agree (SS), namely 48 (65.8%) and 22 (30.1%) = 70 (95.9%), meaning that the rhythm of the song nineteen years old is quite good, the rhythm pattern which is repeated fittingly, precisely and harmoniously (Table 2).

The beat of the music and the strains of the song are deliberately designed and made in a simple, easy and orderly manner, so that a listener is expected to be immediately interested and want to continue listening to it. When an individual (especially a teenager) hears or sings this song, he will try to sing it repeatedly with the right beat. Respondents' choices showed agree (S) and strongly agree (SS), namely 24 (32.9%) and 46 (63%) = 70 (95.9%), meaning that the beat of the song Nineteen Years is classified as regular, precise and definite (Table 2).

Melody is a sequence of notes that implies the meaning, message or idea that the composer of the song or song wants to convey (Sukotjo, Laksana, & Shah, 2023). Melody is also a composition of musical tones which are one unit (Rozak, Pratama & Gusmanto, 2020). Suardi (2018) states that melody contains the soul of music, because melody is an expression of the thoughts, feelings and life experiences of the songwriter. When someone listens to a song, they are understanding the mental condition of the song's creator. Based on this view, the melody of the song Nineteen Years implies a special message regarding the marriage age requirement of 19 years. Anyone who hears and/or sings the song will remember the message. It is hoped that this message will be stored in the conscious mind, even if the message of the song is stored in the subconscious mind, then someone will remember and make the decision to get married, if they reach the age of 19 years. Respondents' choices were Agree (S) and Strongly Agree (SS) of 29 (39.7%) + 41 (56.2%) = 70 (95.9%), meaning that the melody of the song Nineteen Years can be understood, understood and enjoyed well by respondents (Table 2).

Musical instruments are various equipment (or equipment) that are used to accompany a song when the song is sung by a singer (vocalist) (Sarjoko, 2023). The musical instruments used to accompany the song are guitar, bass, keyboard, drums. The combination of various musical instruments is expected to sound and appear harmonious. Regarding the arrangement, it was handed over to Dani MKD, a professional musician, because he knows best how to arrange the song well. The respondents' choices regarding musical instruments are S (Agree) and Strongly Agree (SS) = 25 (34.2%) + 45 (61.6%) = 70 (95.8%), meaning that respondents agree that musical instruments are used to accompany the song Nineteen Years is classified as appropriate, good and harmonious (Table 2).

In general, respondents stated that the video broadcast was quite good, meaning that it met artistic, aesthetic or beauty values (25 (34.2%) + 23 (31.5%) = 58 (65.7%) (Table 2). However, they also think that the video show still has shortcomings that need to be corrected and improve its quality in the future, because the video show only uses slides of pictures or photos arranged in such a way to illustrate the song Nineteen Years Nineteen years can compete with other songs, so the quality of the video broadcast must be improved as soon as possible.



## 4. CONCLUSION

The nineteen year song creation process went through the ADDIE stages (Analysis, Design, Development, Implementation and Evaluation). The song Nineteen Years meets the dimensions of musical quality (such as poetry, tempo, rhythm, melody, beat, instrument). The lyrics of the song are simple, easy for anyone to understand and memorize. The tempo of the music is classified as medium (moderate). The rhythm of the music is regular and harmonious. Beat the music with the beat of the notes, and the right accent. Musical instruments support the song accompaniment. However, video viewing still has shortcomings, so it still needs improvements and improvements to achieve video quality in the future.

## AUTHOR CONTRIBUTION

Agoes Dariyo as the head of the research team processes research data.  
King Oloan Tumanggor looking for research data in the field.  
Ezra Andrianputra validates research data sources in the field.

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